Lipo Shots for Weight Loss – A Review of Lipotrophic Injections

If the conventional method of diet and exercise for losing weight isn’t working for you, then look no further. You may not have considered that what you need is a replenishment of important vitamins and minerals that your body is lacking. You may be in dire need of the essential vitamins and minerals that enable you to lose the fat and burn off the pounds.

How?
The body requires nutrition and vitamins to stimulate the right hormones to function correctly so your body will let go of the fat stores it’s been holding onto. Don’t go under the knife, don’t suffer with extreme dieting, and certainly don’t starve yourself anymore. Lipotropic injections for weight loss may be just what you’re looking for.

What are Lipotrophic Injections?
A Lipotropic injection contains a solution of lipotropic nutrients that are made up of one or more of the following fat burning compounds: choline, inositol, methionine, amino acids, vitamin b12 and other vitamins and minerals. Each of these properties are important because they each have a key role in utilizing fat, distributing energy, and removing toxins from the body.
Many medical weight loss programs, medical professionals, fitness and health trainers, and nutritionists implement lipotropic shots into their patient’s and client’s health program and routine to aid in losing weight and to provide numerous other benefits that comes from a healthy blast of nutrients.

The overall effect of Lipotrophic injections is enhanced weight loss, particularly when they are combined with a healthy diet and exercise program.

Although they are also known as lipo shots, these injections are not related to lipo-suction: an invasive procedure that invariably fails to work in the long-term.
Lipo Shots for Weight Loss

These injections contain a high dose of essential nutrients that enable you to lose weight. If you’re feeling skeptical, you may be asking “how”? Well a lipotropic nutrient is what’s used in the body to promote, encourage, and support the removal of fat from the liver. It also aids in ensuring that excess fat gets burned off for fuel and energy instead of being stored away. Without these lipotropic nutrients, bile and fat can build up in the liver and can cause an array of health problems and disease such as liver failure, cirrhosis, and metabolic issues.

This trapped bile and fat can also cause the metabolism to slow down, and even more severely, it can block fat metabolism completely. This in turn has the ability to wreak havoc on the organs and body because it has interrupted natural fat burning processes and prevented the body from using and discarding fat how it should. This should explain why it was so easy to gain the extra tire around the abdomen and that double chin. It also should explain why it’s extremely difficult to get rid of it, and why diet and exercise may not be enough.

Now that you know what lipotropic nutrients are, and how important they are to the body’s fat burning processes, let’s take a closer look at what exactly is involved with the shots by examining the individual properties that are often used in a lipotropic formula.

» **Choline**: an essential nutrient needed for proper liver function; exports fat and bile from the liver; responsible for seeing that exported fat burned for energy/fuel; detoxifies the liver; key player in fat metabolism

» **Inositol**: a lipotropic; related to the vitamin B family; involved in the breakdown of fats; involved in various biological processes that can provide positive psychiatric conditions; can be used for an effective treatment for PCOS and other various female dysfunctions.

» **Methionine**: an essential amino-acid; a deactivating agent to many hormones such as estrogen and sulfur-containing compounds; defends the body against toxic compounds.

» **Amino Acids**: such as Glutamine, L-Arginine and L-Carnitine have several extremely important biological roles; worthy of superhero status in enabling other compounds to function correctly to stimulate weight loss.

» **Vitamin B12**: serves many biological purposes including normal blood, brain, heart, and nervous system; most importantly, it’s essential for fat metabolism.

» **B Complex Vitamins**: help you feel more energetic and also promote the metabolism of fats. All these compounds are directly related to having a key role in the distribution of fat, the burning of fat, and the subsequent result of weight loss. When they’re put together into the form of a solution to be injected into the bloodstream, they’re entering the body without any possibility of facing dilution, becoming inert, or being inefficiently absorbed by the gut.

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When you’re receiving the shots for weight loss, your medical physician may recommend going on a calorie restricted diet and incorporating a daily fitness routine. This will help provide faster weight loss results when being used in conjunction with the lipo injections.

The injections sounds great don’t they? Well at this point you also may be wondering how much weight to expect to lose? Although the results vary for every person depending on many factors unique to the individual, lipotropic injections reviews have reported losing between two to four pounds a week. Some very self-disciplined individuals have also reported losing up to five pounds a week. Despite this, the numbers may be different for you, it’s important to remember that weight loss is a gradual process. Before you know it, those extra rolls on the stomach will become smaller, that double chin will disappear, and you’ll have more energy to live a quality life!

Other Benefits of Lipotropic Injections

Lipotropics, as natural fat-burning nutrients, are known for their powerful compatibility with the body to stimulate, enhance, and produce weight loss. But, if you’re wanting more bang for your buck, there’s a lot of other health benefits that you get to enjoy too.

✓ Improves Heart Health
Thanks to the various vitamins, minerals, and nutrients that make up the lipotropic family, you can expect a decrease in cholesterol levels. In addition to incorporating a healthy diet and exercise, your risk for heart disease in general goes down.

✓ Feel Happier
When you’re working out and lipotropics are busy activating fat loss, “happy hormones” are released throughout your body, improving mood and balancing out hormones. This also stimulates an increase in energy levels and when combined with the above, it can reduce the onset of depression. Lipotropics also help to improve concentration, mental clarity, and focus. Additionally, Inositol, is very involved in the methylation process which improves in more efficient nervous system signal transmittal. This specific benefit is associated with preventing memory loss.

✓ Liver Love
This is one of the biggest benefits that lipotropics provide – they take care of your liver. They help to keep it clean and lean by aiding it in the filtering process to encourage proper liver function, like a very-needed detox. At the same time, it protects it from nasty bile and toxins from deteriorating effectiveness and tissue damage.

✓ Hormone Balance Restoration
This is a biggie that many overweight people deal with which can be a trigger for many illnesses. If your hormones are out of whack, they’ll be evened out on the scales by very caring, but firm lipotropic mentors.
✓ Expect Gut and Appetite Health
If you’re dieting to enhance weight loss, then you’ll be pleased to know that lipotropics can also act as an appetite suppressant. Since these nutrients are very involved in metabolic processes, you can also expect that your entire digestive system will be more efficient too.

✓ Be a Shampoo or Conditioner Ad Model
Being healthy enables you to be whatever you want! But seriously, with lipotropic injections, you’ll notice stronger nails and shinier hair thanks to a boost in essential vitamins and minerals. They’re also known to dabble in preventing hair loss.

✓ Say Goodbye to Being Sick
Lipotropics, especially Inositol, has an impressive resume when it comes to aiding the body in eradicating sickness and disease. Its been known to help relieve or prevent various conditions such as insomnia, depression, ADHD, panic attacks, diabetic nerve pain, autism, cancer, and psoriasis.

✓ You Can Evict Arthritis
Yes, lipotropics can help to prevent arthritis. Thanks to the lipotropic Methionine, it encourages healthy growth, formation, and protection of cartilage of the joints. Arthritis is no longer welcome in this body!

✓ More Methionine
You got it! In addition to its arthritis-scaring talent and its fat-burning effects, it’s also used to treat copper poisoning, asthma, alcoholism, Parkinson’s Disease, allergies, and nuclear radiation poisoning.

✓ Rapid Action!
You will also benefit from a rapid onset of action due to their injectable form resulting in superior absorption of these essential nutrients.
The many benefits of lipo injections are summarized in the infographic below:

The results obtained by many users show that lipo injections are they are effective weight loss aids and magnify the results obtainable through diet and exercise. Reviews about these injections speak of fast, healthy weight loss in people who always struggled to lose weight through conventional methods.
MIC Injections / Lipo-3

MIC is a super-packed combo of powerful lipotropics that are combined to help you get the most health and weight loss benefits possible. You’ll want them in every shot if you’re seeking more energy, a smaller size pants, and a glowing countenance. Because of their compatibility, they’re also included in the lipo 9 treatment and the B12 lipotropic injections. But, what does the MIC stand for?

- M – Methionine is the amino acid you thank for a healthy liver, more fat loss, and for a speedy healing process when you’re sick or injured.
- I – Inositol is a B-vitamin aspirant, and for good reason. This is where your world gets blown wide open to enhanced alertness, clarity, and improved cognitive performance.
- C – Choline is an essential nutrient that your brain and nerves will work harder and better for when its around. It also helps out in detoxifying the liver.

This type of solution is typically administered once a week with many specialists in the field recommending the use of MIC injections for a 5 week duration and then having a break of 2-3 weeks before recommencing treatment. MIC shots form the basis of B12 lipotropic shots and lipo 10 treatment.

If you’re burned out trying to kick start weight loss or break through that stingy plateau, you probably need to arm up with some heavy artillery – nutrition and minerals. Combine it with your workout routine and dieting plan, and weight loss is inevitable.

Do Lipo Injections Work?

If you’re thinking that the shots are a miracle, quick-fix cure for fat, think again. Most people want the “quick” way to lose weight, and they end up being unable to maintain the weight loss and gaining all the weight back, plus some. They’re flabbier than when they started, and they probably lost a lot of important muscle tissue and essential nutrients in the process. Most people looking to lose weight have experienced this at some point in their life.

Now, do the injections work for weight loss? Yes. The lipo injections are there to aid you in your weight loss journey to encourage the pounds to come off easier than they would than if you hadn’t been taking the injections at all. They’re a blast of the important nutrients the body needs to enable you to lose weight when you’re hitting the pavement, lifting weights, saying ‘yes’ to the vege and ‘no’ to the candy.

Each lipotrophic nutrient has a key role in fat metabolism to perform, and providing your body with those nutrients allows those fat burning jobs to be done. When fat is able to be transported to be used and burned for fuel to provide energy, it’s not being stored as fat cells. When combined with a nutritious diet and exercise, this results in an accelerated rate of weight loss, since the body is able to burn off already existing fat stores, and burn off sugars and fats that are being consumed today.
The stimulating factor in this equation are the injections. You probably didn’t know that just a little more nutrients in the body can make such a difference in weight loss! It could mean the difference in fitting your pre-pregnancy jeans again, or the tux you wore when you got married.

**How to Use Lipotropic Injections**

These weight loss injections should be used in conjunction with a healthy weight loss diet and good exercise in order to give you the best results possible. If you are still eating more calories than you burn, you will continue to gain weight.

However, lipotropic injections make it easier to exercise thanks to enhanced energy and you’ll feel less hungry as your body is consuming fat to fuel your activities. You’ll find it much easier to persevere with your diet and to motivate yourself to exercise, and the enhanced results you’ll achieve will provide all the motivation you need to keep it up.

**Side Effects of Lipo Injections**

Like with any supplement or medication, there may be side effects that can occur. Because everyone is different, it’s advised that you seek the advice of your physician before introducing any tool to aid in weight loss. Although side effects to the injections are rare, and people generally tolerate them well, there may be a few who can experience **mild adverse effects**. Side effects that can occur with the simple use of application can be redness, swelling, and infection at the injection site. These symptoms Other lipo shot side effects that can occur from taking the product itself are:

- Allergy reactions: itching, hives, shortness of breath, wheezing, swelling of the tongue, throat, or mouth*
- Stomach upsets: mild nausea, mild diarrhea are possible owing to the sudden boost in minerals and nutrients. This usually passes quite quickly, but if it persists, you should consult your doctor.
- Headaches, light headedness

*It’s rare to experience allergies to vitamins and nutrients. The onset of allergy symptoms may reveal a serious underlying issue, and you need to seek medical assistance immediately.*